



**Ronald McDonald
House Charities®**
Arkansas

1501 W. 10th Street, Little Rock, AR 72202
501-374-1956 RMHCArkansas.org



VOLUNTEER OPPORTUNITIES

You can enjoy a fun, rewarding experience by giving your time and talents while helping families with critically ill children. Volunteers allow us to allocate more of our financial resources to meeting the needs of our families. We are looking for volunteers who are compassionate, dedicated, and sensitive to the needs of our families. A background check is required and training is provided. ***Always seeking volunteers who love to smile!***

Volunteers support our House in many ways. We are always open to new ideas and are interested in exploring how **your** strengths can be best utilized at RMHCA.

Welcome Center Shifts Available – 9am-12pm; 1pm-4pm; 5pm-8pm

Welcome Center volunteers play an important role in service to families as well as the organization. These volunteers are the welcoming “face” of RMHCA and to provide administrative support as needed. **General responsibilities include:**

- Greet families and visitors
- Answer telephone
- Assist with administrative tasks as need
- Guide tours as needed
- Discretely handle confidential information
- Be a sympathetic ear or share a laugh

Evening volunteers will also be responsible for assisting in the dining room. **General responsibilities include:**

- Reminding families to wash their hands
- Monitor small children
- Clean up spills (on counter or floors)
- Packs away leftovers and store properly in the Community Fridge
- Clean up dining room and pantry by placing dishes in the dishwasher, wiping down counters, cabinets, and floors

Supper Club (Breakfast, Lunch or Dinner) - Seven Days a Week

Get your favorite recipes together to provide families at the Ronald McDonald House with a warm meal after a long day at the hospital. Breakfast and Lunch (40 people) - Dinner (60-70 people). Food must be prepared on-site or from a licensed commercial kitchen to comply with our food safety standards. **Contact Kristi Finley at 501-374-1956 or Kristi@rmhcarkansas.org**

Cookie Club Flexible times - Seven Days a Week

Cookie Club volunteers play a tremendous role in bringing comfort and care to families. The cookie club provides not only delicious treats, but also allows the House to smell like freshly baked cookies. Just like home!

- Bring in ingredients (or cut and bake) for cookies
- Bake the cookies for families
- Clean up kitchen area

More Volunteer Opportunities on the Back! →

Kids Korner Shifts Available – 2nd & 4th Tuesday –5:30pm-8:30pm

The Kids Korner is a free shopping experience for families in the House who have little, if any, time to leave the House to find clothing for their children.

- **Donate** new or gently used kids clothing. **Preemie – size 7**
- Volunteers to set up and assist families as they pick out clothing for their children
- Volunteers are needed to help sort donations of clothes as needed

RMHCA's Red Carpet – Shifts Available - 2nd & 4th Wednesday – 10am – 1:30pm

The Red Carpet is a free shopping experience for ladies in the House who have little, if any, time to leave the House to find personal necessities in an unfamiliar city. If you are unfamiliar with the Red Carpet, watch this short video: <https://vimeo.com/221805000> Volunteers can sign up online at www.ronaldsredcarpet.org

Family Fun Night – Monday, Tuesday, Thursday, or Friday evenings

Volunteers needed to plan and host family fun nights which allow families at the House an opportunity to relax and have an opportunity to be with other families going through similar situations, all while enjoying each other's company away from the stress of the hospital. Activities could include:

- Board games
- Karaoke (we have the equipment)
- Family Movie nights
- Other ideas? Let us know! We are always looking for fun stuff to do with our families.

Third Party Events

Throughout the year The House has a variety of third party events that we need volunteers to help with to ensure these events are a success. These events include, but not limited to – Greek Food Festival, The Great Arkansas Beer Festival, Pop Tab Pandemonium, and Silly Sock Shuffle. If you are interested in volunteering for one or more of these fun events, let Erica know and you will be added to the Event Volunteer Contact list.

Group Volunteer Opportunities

Volunteers don't have to be individuals. If you want to get your family, coworkers, Bible Study, or any other group involved that's great! We always need groups of 5-12 individuals to help with bigger projects around the House – like weeding, deep cleaning, and organizing, just to name a few things. Supper Club is also a great opportunity for a group of individuals to come volunteer together!

Welcome to our volunteer family - we look forward to working with you!

Contact Erica Carlock at (501) 537-3910 or erica@RMHCArkansas.org for application and more information.

Since 1980, RMHC Arkansas has provided a "home-away-from-home" that serves and sustains families of children being treated at area hospitals and supports community programs that serve the needs of children.